



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

*Powered by Avera Sports*

## 6<sup>th</sup> – 8<sup>th</sup> Grade Boys/Girls 30/30/30 Workouts

**Location:** Avera Sports Center (85<sup>th</sup> & Minnesota)

**Cost:** \$165 *Payment is collected online at the time of registration.*

**Athletes will receive a Warwick Workout T-shirt & Custom Shorts**

30 minutes of skills, 30 minutes of drills, and 30 minutes of competition. This workout series focuses on skill development work needed to be a great ball handler, shooter, and scorer. Throughout this workout, drills will incorporate skills and competitive play situations in 1 on 1, 2 on 2, 3 on 3 and 5 on 5.

Tuesday, Sept. 12 <sup>th</sup>	6:30-8:00 pm
Tuesday, Sept. 19 <sup>th</sup>	6:30-8:00 pm
Tuesday, Sept. 26 <sup>th</sup>	6:30-8:00 pm
Tuesday, Oct. 3 <sup>rd</sup>	6:30-8:00 pm
Tuesday, Oct. 10 <sup>th</sup>	6:30-8:00 pm
Tuesday, Oct. 17 <sup>th</sup>	6:30-8:00 pm

**Register online at**

**[www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the Register Here tab**

Contact Kris Warwick or Freddy Coleman with questions about workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: (605) 391-6700 Kris or (605)799-7827 Freddy

**WHERE CHAMPIONS TRAIN.**